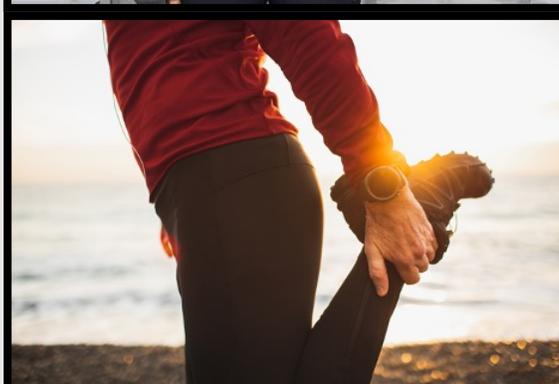


Ginette Bourque Legacy Award

In recognition of a student who has found a passion for physical activity during CEGEP



"If it doesn't challenge you, it doesn't change you."

BEHIND THE AWARD

Ginette Bourque was a longtime physical education teacher at Champlain who passed away from cancer in 2021. She was a huge advocate for lifetime physical activity, participating in a variety of activities such as running, yoga, Dek hockey, softball, hiking, skiing, and weight training. After her last diagnosis, she persevered with courage and strength to train and run the New York Marathon! She truly loved to move and share her love of fitness with others!

She also loved to watch students grow in confidence, competence, and motivation as they found joy in physical activity- particularly those students who had overcome challenges and obstacles. Her passion for physical activity was inspirational and she helped many students discover their own path and become lifelong participants in physical activity!

AWARD DESCRIPTION

Ginette's legacy award recognizes a student who has overcome challenges to find their confidence, competence and motivation for being active during CEGEP. This award celebrates the student's continued commitment to movement.

TO APPLY:

Write a short reflection (approx. 300-400 words) on how you have overcome physical inactivity, and as a result of your physical education experiences at Champlain, have changed your physical activity habits.

Note: Please ensure that you are attending the graduation ceremony.

SUBMIT BY:
May 17th

SUBMIT BY MIO TO:
Krista Smeltzer